

FOOD

FRUIT & CHIA CHA CHA

Chia pudding with seasonal fruit salad, mint & toasted coconut
(V, GF, DF) 15

MUESLI & COCO-YO

Gluten free muesli, mixed seeds, berry compote, coconut yoghurt & seasonal fruit with a side of milk
- soy, almond or full-cream
(V, GF) 14

SOUL BOWL

Avocado, quinoa, dried tomato, baby corn, seeds, snow pea tendrils & poached eggs
(V, DF, GF) 15
ADD: Smoked salmon + 4

WE LOVE AVO

Avocado, fetta, mint, lemon & soy linseed
(V) 15
ADD: Poached eggs + 5

FRANK & BEANS

Free range eggs baked with spiced beans, chicken chipolatas, ricotta, cherry tomato & sourdough
19

BENNI BONDI

Bacon or smoked salmon with two poached free-range eggs, spinach, Hollandaise & toasted English muffins
17

THE FULL HARDWARE

Two free-range eggs, bacon, avocado, hash browns, roast field mushrooms, Roma tomatoes & sourdough
22

THE SAUCY BET

Fried free-range egg, bacon, tomato chilli relish & Hollandaise served on a roll
12

SIDES

4

Bacon	Field mushrooms
Smashed avocado	Smoked salmon
House-made baked beans	Chicken chipolatas
Hash browns	

Switch to gluten-free bread 1.50

LITTLE NIPPERS

KIDS FRENCH TOAST

With nutella, banana & coconut yoghurt
11

KIDS BACON & EGGS

Scrambled eggs, sourdough & bacon
12

DRINKS

COFFEE YOUR WAY

Small 4 - Large 5
Choice of milk - Full cream, Skim, Soy & Almond
(+0.50c)

LOOSE LEAF TEA

English Breakfast/Earl Grey/Peppermint/
Camomile/ Green
3.50

ICED LATTE**ICED LONG BLACK**

5

BOTANICA COLD PRESSED JUICE

Botanica: Kale, silverbeet, celery, apple, cucumber, lemon
Bondi: Pineapple, ginger, carrot, apple, lemon
Orange: Yep... just oranges
8

HANGOVER CURES

BLOODY MARY SELECTION

Bloody Mary(Vodka)
Bloody Maria(Tequila)
Red Snapper(Gin)
16

MIMOSA

French sparkling wine with cold pressed orange juice
12