

FOOD

FRUIT & CHIA CHA CHA

Chia pudding with seasonal fruit salad, mint & toasted coconut
(V, GF, DF) 15

MUESLI & COCO-YO

Gluten free muesli, mixed seeds, berry compote, coconut yoghurt & fresh berries with a side of milk
- soy, almond or full-cream
(V, GF) 14

SOUL BOWL

Avocado, quinoa, dried tomato, roast pumpkin, seeds, poached beetroot, & poached eggs
(V, DF, GF) 16
ADD: Smoked salmon + 5

WE LOVE AVO

Avocado, fetta, mint, beetroot puree & soy linseed
(V) 16
ADD: Poached eggs + 5

FRANK & BEANS

Free range eggs baked with spiced beans, fetta, cherry tomatoes, dukkha & house made focaccia
(V) 19
ADD: Bacon + 4

BENNI BONDI

Bacon or smoked salmon with two poached free-range eggs, spinach, Hollandaise & toasted English muffins
17

THE FULL HARDWARE

Two free-range eggs, bacon, avocado, house made hash browns, roast field mushrooms, Roma tomatoes & sourdough
22

THE SAUCY BET

Fried free-range egg, bacon, tomato chilli relish & Hollandaise served on a roll
12

SIDES

Bacon 4 Field mushrooms 4
Smashed avocado 4 Smoked salmon 5
House-made hash browns 4

Switch to gluten-free bread 1.50

LITTLE NIPPERS

KIDS FRENCH TOAST

with nutella, banana & double cream
11

KIDS BACON & EGGS

Scrambled eggs, sourdough & bacon
12

DRINKS

COFFEE YOUR WAY

Small 4 - Large 5
Choice of milk - Full cream, Skim, Soy & Almond
(+0.50c)

LOOSE LEAF TEA

English Breakfast/Earl Grey/Peppermint/
Camomile/Green
3.50

ICED LATTE**ICED LONG BLACK**

5

BOTANICA COLD PRESSED JUICE

Botanica: Kale, silverbeet, celery, apple, cucumber, lemon
Bondi: Pineapple, ginger, carrot, apple, lemon
Orange: Yep... just oranges
8

HANGOVER CURES

BLOODY MARY SELECTION

Bloody Mary(Vodka)
Bloody Maria(Tequila)
Red Snapper(Gin)
16

MIMOSA

French sparkling wine with cold pressed orange juice
12

IRISH COFFEE FRAPPE

Jameson Irish Whiskey, ice cream, espresso, milk, sugar - blended
15